



## The Ten Laws Governing a Healthy Workplace

1. Employer provides debriefing for staff following any traumatic event.
2. Employer provides continuing education for staff.
3. Employer provides benefits to aid staff in practicing authentic, sustainable self care.
4. Employer provides management and staff with tools to accomplish their tasks.
5. Employer directs management to monitor workloads.
6. Employer provides positive team-building opportunities to promote strong relationships among colleagues.
7. Employer encourages "open door" policies to promote good communication among staff.
8. Employer translates the organization's Mission Statement into action.
9. Employer allows management to empower staff
10. Employer promotes transparency in all communications and dialogues.